

UPM Coronavirus self-declaration form

Safety of our employees, contractors, and visitors is a top priority at UPM. Due to the ongoing coronavirus epidemic, we kindly ask all our visitors and contractors to familiarize oneself with and follow the local Corona guidance at our site. Your co-operation allows us to take preventive measures to protect you and everyone else in our premises. Please read UPM instructions carefully and sign below. **Thank you for your time!**



UPM guidelines in short:

- Do not enter our premises, if you are sick or have any symptoms.
- Follow the local Corona guidance, for example concerning the use of face masks
- Maintain at least 2 m distance to others.
- Avoid touching your face and mouth.
- Regularly clean your hands with a hand sanitizer or wash them with soap and water.
- Cough and sneeze in your elbow or in a tissue.
- Report immediately to your manager or host if you develop any symptoms or feel sick. This is important to protect others.

1. Name: _____
2. Company: _____

Before arrival, please consider:

3. Are you now experiencing following symptoms of COVID-19: fever, cough, shortness of breath, general weakness and fatigue and muscular pain, diarrhea?

*If the answer is “yes” to the question 3, **access to the facility is denied.**

Please sign your declaration form every day.

Keep the form with you and present it when asked. Immediately report your host if your response change.

I acknowledge that the information I've given is accurate and complete.

Day 1:	Date	_____	Signature	_____
Day 2:	Date	_____	Signature	_____
Day 3:	Date	_____	Signature	_____
Day 4:	Date	_____	Signature	_____
Day 5:	Date	_____	Signature	_____